

**ELEVEN DAY
PRAYER GUIDE**
FOR HEALTH IN YOUR
COMMUNITY



COMPASSION CONNECT

uniting to serve

THANK YOU

FOR JOINING US IN PRAYER

We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted but not abandoned; struck down, but not destroyed.

2CORINTHIANS 4:8-9



Day One

PRAY FOR THE CHURCH TO UNITE AROUND COMMUNITY HEALTH

The health challenges that our community members face are too big for one person, church, or organization to tackle alone. We believe churches anywhere in the world can work together to help their neighbors experience the love of Jesus through the provision of free basic healthcare.

There is suffering in every community, but we believe God is calling compassionate people of faith to rise up in support of their neighbors with health needs—no matter their background, experience, or skill set. Beginning the journey through prayer is a key place to start.

PLEASE PRAY...

- For local churches to set aside their differences and work together for the health of the neighborhood
- That members of different churches would create meaningful relationships by serving together in unity
- That our neighbors would experience the Kingdom as we actively live out Jesus' call to unity

"He will wipe every tear from their eyes.
There will be no more death or mourning
or crying or pain, for the old order of
things has passed away."

REVELATIONS 21:4



Day Two

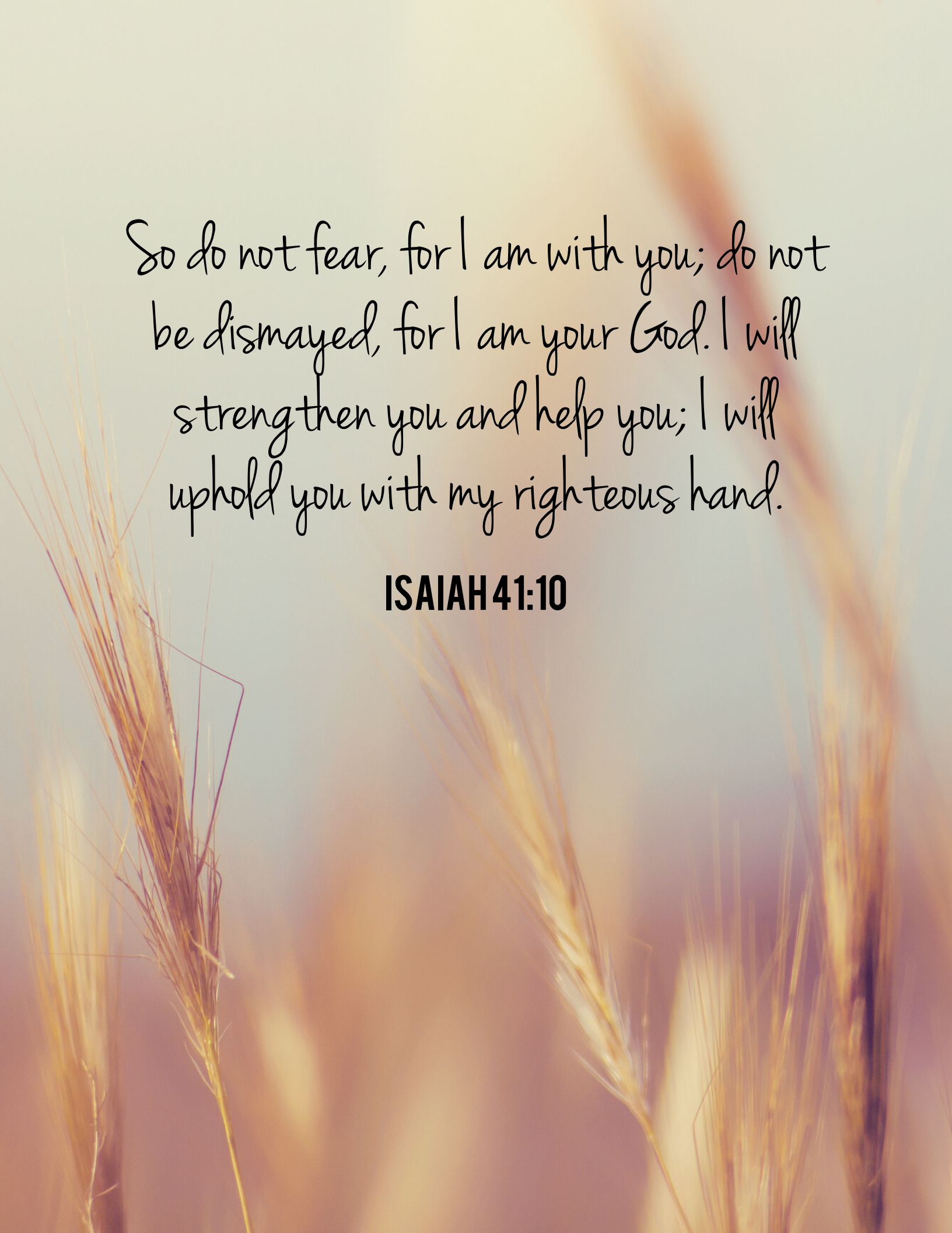
PRAY FOR THOSE WHO FEEL ALONE

Pray for your neighbors who feel they are walking alone. Oftentimes people may feel sad and isolated when they are facing the trials and tribulations of life.

This is especially true for those who lack access to basic healthcare. Those who seek services from Compassion Clinics may come from marginalized communities where they face barriers to attaining basic health needs. Let's join together in praying that our neighbors feel seen, cared for, and wrapped in the love of the Jesus.

PLEASE PRAY ...

- That Compassion Clinics reach the right people to support them in their health journey
- That Clinics in underserved communities have the tools and resources necessary to impact change
- Those who feel like they are struggling alone feel God's hand in their life
- That the Church is able to create a lifestyle of unity around issues of health



So do not fear, for I am with you; do not
be dismayed, for I am your God. I will
strengthen you and help you; I will
uphold you with my righteous hand.

ISAIAH 41:10

Day Three

PRAY FOR HEALTH NEEDS SPECIFIC TO COVID-19

Pray that those who need healing are able to receive it. It is important not only to recognize and seek God's plan in this unique season, but also pray for our neighbors who are most affected by the lack of accessible health care during the pandemic.

PLEASE PRAY...

- For those who have been directly affected by the disease, or know someone who has had it
- That the number of COVID-19 cases stop growing, and those who have it can recover safely
- That the Church can use the time during this pandemic to respond with love and compassion
- That we are able to make a successful transition in relaunching Compassion Clinics in the fall
- That the same environment of love and warmth is emulated at Compassion Clinics despite new CDC mandated regulations

Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

JOHN 14:27



Day Four

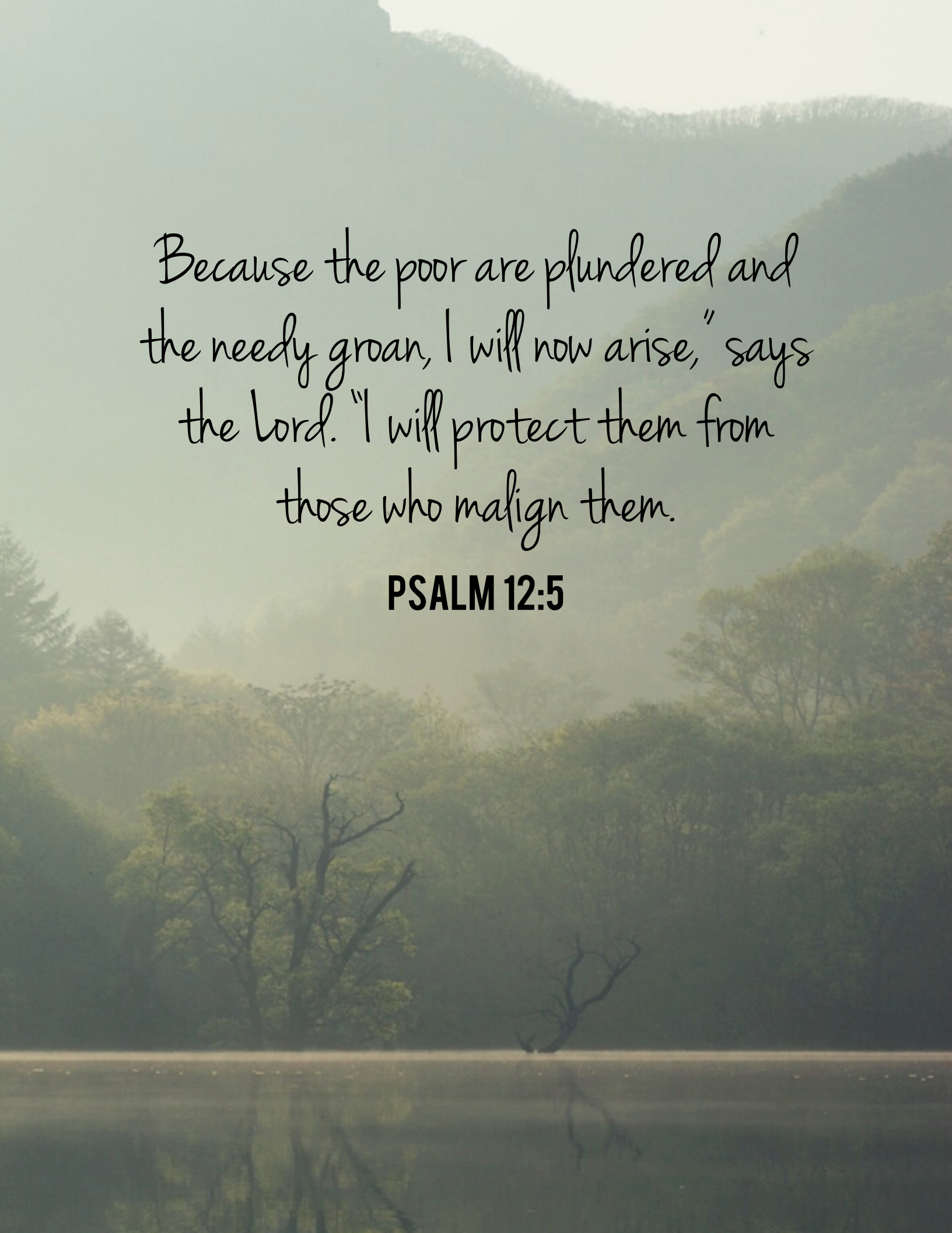
PRAY FOR COMPASSIONATE LEADERS

Pray that we are courageous and take action in our communities to elect officials who will fight inequity. Often those who lack access to basic health care come from marginalized communities that face criminalization for aspects of their poverty.

Rather than receiving treatment, diversion, or counseling, people in poverty often face jail time for small fines/tickets that they are too poor to pay. But in being compassionate and taking action we have the potential to see change.

PLEASE PRAY...

- That community members utilize their ability to vote for compassionate and courageous officials
- That community members fight for and support policies that decriminalize poverty
- That those who have a voice use God's word to help fight for those who do not have one

A misty landscape with a forest and a body of water. The scene is hazy, with soft light filtering through the trees. In the foreground, there is a calm body of water reflecting the surrounding greenery. The middle ground is filled with a dense forest of trees, some with vibrant autumn foliage. In the background, rolling hills or mountains are visible, their details softened by the mist. The overall atmosphere is serene and quiet.

Because the poor are plundered and
the needy groan, I will now arise," says
the Lord. "I will protect them from
those who malign them.

PSALM 12:5

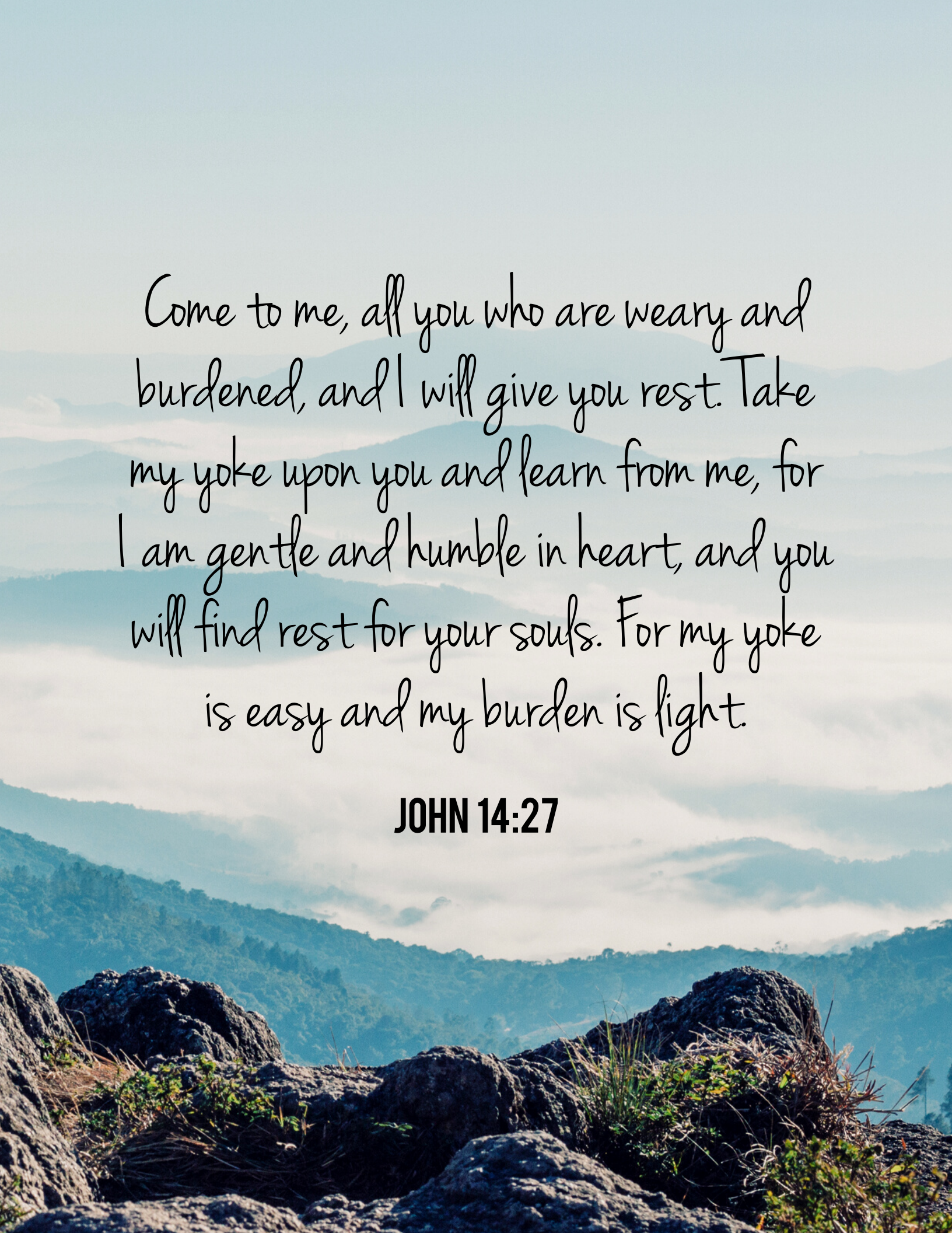
Day Five

PRAY FOR COMPASSION CLINIC VOLUNTEERS

Since our first Compassion Clinic in Rockwood, Oregon, more than 27,000 volunteers representing a diverse array of church backgrounds have united together to provide free and compassionate healthcare to their neighbors at Compassion Clinics. These volunteers (both health professional and general) have given their time, talents, and heart to serve their neighbors experiencing barriers to care. Without this tribe of passionate Jesus followers who are getting out of their comfort zones and putting their faith in action, Compassion Clinics would not be possible.

PLEASE PRAY...

- That Jesus would use clinic volunteers to authentically connect with clinic guests and form relationships that outlast the day of the clinic
- For health care workers who have been serving on the front lines during the COVID-19 pandemic
- That God would equip volunteers with courage and growth as they step out in faith to serve



Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

JOHN 14:27

Day Six


PRAY FOR MENTAL HEALTH

Pray for the gift of peace and a peaceful future for those we serve. Anxiety is a result of feeling like things are out of our control. It affects over 40 million Americans annually, yet less than half of those who are suffering can or do receive treatment.

Those below the poverty line are nearly 2.5 times more likely to suffer from mental illness, which often derives from not being able to access basic medical care even when in grave need--among many other things.

PLEASE PRAY THAT...

- Clinics and organizations within the community can provide medical care not only for people's physical health, but mental health as well
- Those battling mental illness are able to find friends and allies to help support them or encourage them to seek treatment
- Mental health and wellbeing is prioritized in medical care rather than stigmatized



O Lord, heal me, for my bones are
shaking with terror.

PSALM 6:2

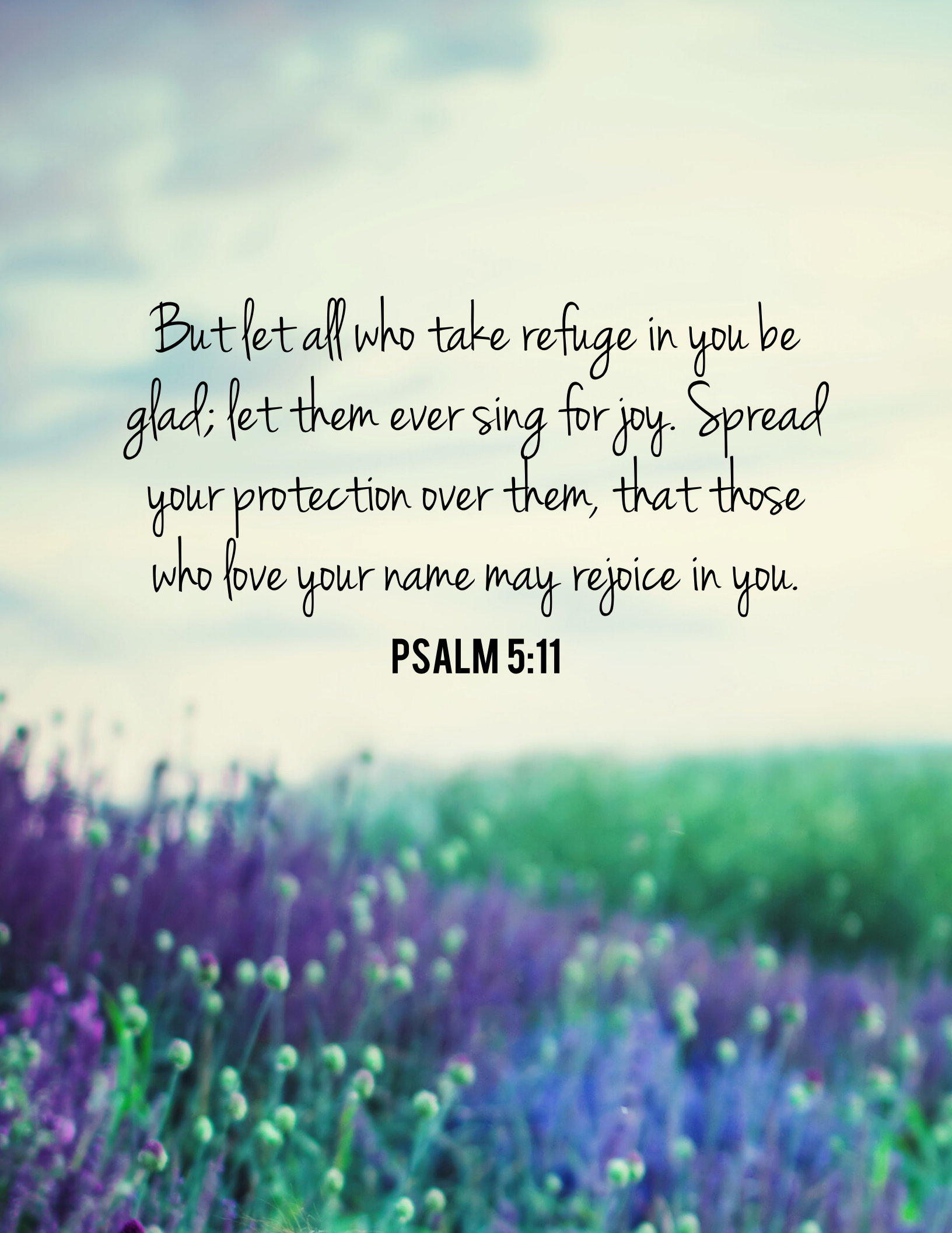
Day Seven

PRAY FOR COMMUNITY CONNECTION

Pray for those experiencing a difficulty or inability to reach out for help in their greatest moments of need. Whether it be lack of access to healthcare, another struggle, or simply the fear that the burden is too big to share or that there is no one to share it with, please join us in praying for our clinic guests to know that Jesus is always there for them at their lowest points.

PLEASE PRAY THAT...

- Compassion Connect and other organizations can prepare communities to empower people with the tools they need to reach out for help at their lowest points through Jesus's love.
- Those who participate in clinic work are able to spread and share their passion to the entire community in hopes that God can show everyone the importance of getting involved in this work.
- The barriers of poverty or misfortune that inhibit people from accessible equitable healthcare are removed

A background image of a field of purple flowers under a cloudy sky. The flowers are in the foreground, slightly out of focus, and the sky is a mix of light blue and white clouds.

But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you.

PSALM 5:11

Day Eight


PRAY FOR PEACE

Pray for the peace of mind, body, and soul for those we serve at Compassion Clinics.

Not only is it hard to plan for the future when you are living paycheck-to-paycheck or don't know if you will be able to receive medical treatment if there is a dire circumstance, but it is even more challenging to cope with both this stress and survival and responsibilities on a day-to-day basis.

PLEASE PRAY THAT...

- Clinic guests are able to find peace in their heart by bringing their burdens to Jesus
- The work of clinics and community health workers is able to ease the burden in each aspect of someone's life, not just the body
- That through Jesus's aid in furthering health equity, those who have never had the privilege of mental health are able to access it

A scenic view of a beach with a wooden staircase leading down to the sand. The ocean is visible in the background. The text is overlaid on the image.

Keep me safe, Lord, from the hands of
the wicked; protect me from the
violent, who devise to trip my feet.

PSALM 140:4

Day Nine


PRAY FOR GLOBAL HEALTH EQUITY

As Martin Luther King Jr. once said, “Philanthropy is commendable but it must not cause the philanthropist to overlook the circumstances of economic injustice which make philanthropy necessary.”

It is important that we use our voices to spread information and resources that illuminate the systemic nature of health inequities and the barriers that prevent many of our neighbors from accessing affordable, compassionate health care.

PLEASE PRAY ...

- That by serving together the Church will make foundational changes in the economic and health inequities in our nation
- That by caring for one another, we help eliminate the barriers our neighbors face while seeking the fulfillment of their basic needs



And the prayer offered in faith
will make the sick person well; the
Lord will raise them up.

JAMES 5:14

Day Ten

PRAY FOR PHYSICAL SAFETY

Pray that God brings physical safety and protection to all our communities. Oftentimes those living in poverty face unsafe living conditions that affect their health. Violence, overcrowding, lack of access to fresh & healthy food, homelessness, and other factors place immense strain on our neighbors' physical, mental, and emotional well-being. These issues are often the root of many health conditions that are difficult to reverse after prolonged exposure. We ask for God to protect the bodies of those who may not have a safe place to go at night.

PLEASE PRAY THAT...

- God will watch over the physical safety and provide protection for our neighbors
- Clinic guests gain the knowledge they need to make healthy dietary decisions and access to the resources they need to make these changes
- That God's hand is an influential factor at all levels of community & political decision-making

*A cheerful heart is good
medicine, but a crushed spirit
dries up the bones.*

PROVERBS 17:22



Day Eleven

PRAY FOR ONGOING TRANSFORMATION

If all we have accomplished during the Compassion Clinic is in the physical realm, then we have missed the major purpose of the Clinic: to demonstrate God's love to our neighbors through the unified service of the Church. Our prayer is that the Clinic serves as a kickstarter for ongoing relationships and transformation as community members who otherwise may never have crossed paths become compassionately entwined in one another's lives.

PLEASE PRAY THAT...

- Clinic guests will come to know Jesus through the transformative service and love of the Church
- That by serving together the Church will become more united, and that this unity will bleed into other areas of spiritual and community engagement beyond Compassion Clinics
- That clinic guests and volunteers will form relationships that continue past the day of the event

GOD

Lead us to hear the cry of the
vulnerable and oppressed,
and lead us to see others as
brothers and sisters.

Let us embrace justice & mercy.

Grant us humility;
supply us with enough faith
to give our lives away,
and bless us with strength when we
grow weary.

Lord, let the knowledge of your love
fuel our commitment,
inform our passions,
stir our gratitude,
and help us transform the world.

For You and Your Glory,

AMEN.



THANK YOU

for praying with us

www.compassionconnect.com

